

DOG FOOD

✿ RECIPE BOOK ✿



Dogbizz

A GUIDE TO NATURAL NUTRITION

www.dogbizz.com



Chicken & Veggie Delight

Ingredients:

- 1 lb boneless, skinless chicken breasts (boiled and shredded)
- 1 cup cooked brown rice
- 1 cup steamed carrots (chopped)
- 1 cup steamed spinach
- 1 tablespoon olive oil

Instructions:

Cook the chicken and shred it into small pieces.

Prepare brown rice according to package instructions.

Steam carrots and spinach until soft.

Mix all ingredients in a large bowl, adding olive oil for healthy fats.

Allow it to cool and serve appropriate portions.



Beef & Sweet Potato Bowl

Ingredients:

1 lb lean ground beef

2 medium sweet potatoes (boiled and mashed)

1 cup green beans (steamed and chopped)

1 tablespoon coconut oil

Instructions:

Cook the ground beef in a pan until fully browned. Drain excess fat.

Boil and mash the sweet potatoes until smooth.

Steam and chop the green beans.

Mix all the ingredients together in a bowl, adding the coconut oil for extra nutrition.

Let it cool before serving to your dog.



Turkey & Quinoa Power Meal

Ingredients:

1 lb ground turkey

1 cup cooked quinoa

1 cup zucchini (grated and steamed)

1/2 cup blueberries (fresh or frozen)

1 tablespoon flaxseed oil

Instructions:

Cook the ground turkey in a pan until fully browned.

Prepare quinoa according to package instructions.

Grate and steam the zucchini until soft.

In a large bowl, mix the turkey, quinoa, zucchini, and blueberries.

Drizzle flaxseed oil on top and stir.

Allow it to cool before serving.



Turkey & Quinoa Power Meal

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1 lb ground turkey

1 cup cooked quinoa

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1 tablespoon flaxseed oil

Instructions:

Cook the ground turkey in a pan until fully browned.

Prepare quinoa according to package instructions.

Grate and steam the zucchini until soft.

In a large bowl, mix the turkey, quinoa, zucchini, and blueberries.

Drizzle flaxseed oil on top and stir.

Allow it to cool before serving.



Salmon & Potato Feast

Ingredients:

1 lb fresh or canned salmon (boneless and skinless)

2 medium potatoes (peeled, boiled, and mashed)

1/2 cup peas (steamed)

1 tablespoon olive oil

Instructions:

If using fresh salmon, cook it thoroughly and remove any bones. If using canned, drain and remove any excess liquid.

Boil and mash the potatoes until smooth.

Steam the peas until soft.

Flake the salmon and combine with the mashed potatoes and peas in a bowl.

Drizzle with olive oil for healthy fats.

Mix thoroughly and allow to cool before serving



Chicken & Pumpkin Feast

Ingredients:

1 lb boneless, skinless chicken breasts (cooked and shredded)

1 cup pure pumpkin puree (not the spiced pie mix)

1/2 cup spinach (steamed and chopped)

1 tablespoon fish oil

Instructions:

Cook and shred the chicken breasts into small pieces.

Steam and chop the spinach.

In a large bowl, combine the shredded chicken, pumpkin puree, and spinach.

Drizzle with fish oil for Omega-3 fatty acids.

Mix well and allow it to cool before serving.



Lamb & Carrot Stew

Ingredients:

- 1 lb ground lamb
- 2 large carrots (peeled and diced)
- 1/2 cup peas (steamed)
- 1/2 cup bone broth (low sodium)
- 1 tablespoon coconut oil

Instructions:

Cook the ground lamb in a pan until fully browned.

Dice the carrots and steam them until soft.

Steam the peas until tender.

In a large pot, combine the cooked lamb, carrots, peas, and bone broth.

Let it simmer for 10-15 minutes.

Drizzle with coconut oil for added nutrition, then allow it to cool before serving.



Chicken & Rice Supermeal

Ingredients:

- 1 lb boneless, skinless chicken breasts (boiled and chopped)
- 1 cup cooked white rice
- 1/2 cup carrots (steamed and chopped)
- 1/2 cup peas (steamed)
- 1 tablespoon olive oil

Instructions:

Boil the chicken breasts until fully cooked, then chop into small, bite-sized pieces.

Cook the white rice according to the package instructions.

Steam and chop the carrots, and steam the peas.

Combine the chicken, rice, carrots, and peas in a bowl.

Drizzle with olive oil for healthy fats.

Let it cool before serving to your dog.



Beef & Spinach Mash

Ingredients:

1 lb lean ground beef

1 cup spinach (steamed and chopped)

1/2 cup mashed sweet potatoes

1 tablespoon chia seeds

Instructions:

Brown the ground beef in a pan, draining any excess fat.

Steam and chop the spinach until soft.

Boil and mash the sweet potatoes until smooth.

In a large bowl, combine the beef, spinach, and sweet potatoes.

Sprinkle chia seeds for added fiber and omega-3s.

Mix well and let it cool before serving.



Chicken & Apple Delight

Ingredients:

1 lb boneless, skinless chicken breasts (cooked and shredded)

1 apple (peeled, cored, and chopped)

1/2 cup oats (cooked)

1 tablespoon honey (optional)

Instructions:

Cook the chicken breasts and shred them into small pieces.

Peel, core, and chop the apple into bite-sized pieces.

Cook the oats according to package instructions.

In a bowl, mix the chicken, apple, and oats together.

Drizzle with honey for added sweetness (optional).

Stir well and let it cool before serving.



Thank You for Choosing to Feed Your Dog with Love!
**I hope these recipes have inspired you to create nutritious,
delicious meals for your furry friend. Just like humans,
dogs thrive on quality ingredients and balanced meals, and
you're taking the first step toward providing them with the
best possible nutrition.**

Remember:

**Every dog is unique, so be sure to monitor your pet's
response to new foods and adjust as needed.**

- Saheli Gayen, DogBizz Editor

